



SOFTBALL NSW

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Softball NSW Return to Play Resources

TRAINING, GAME HYGIENE & BALL SANITATION PROTOCOLS

- All personnel to provide their own personal sanitiser, this must be applied prior to warm up, prior to game, during innings changeover and after game.
- The banning of non-essential person to person contact such as; handshakes and high fives.
- Communal use of water bottles is banned. All players should be in possession of their own drink bottle and must not share with any other players. These should all be clearly labelled.
- Must not share towels, lip balm, sunscreen with others (have own).
- Where possible no sharing of any equipment between players including; gloves, helmets and bats.
If shared, the following protocols should be implemented:
 - Bats: if shared, the handle needs to be wiped between each batter's use
 - Helmets: if shared, enough helmets to have one spare (recommended to have at least 5 per team) – participants to wear their club hat/visor underneath as an added barrier – dedicated person to clean each communal helmet as it is used.
- It is recommended that there is no spitting, no chewing gum, no food is to be in the dugouts – this includes lollies, oranges etc.
- All personal belongings to be stored in bags in the dugouts (e.g. jumpers once removed to be placed into their own bag) – not left lying around.

We encourage there to be a dedicated person for each team in the dugout (Manager or other) to remind the participants to be diligent with their hygiene each time they enter and exit the dugouts. As well as assist the umpires with maintaining ball sanitation

PROCESS FOR BALL USAGE & SANITATION

- A dedicated person from each team will maintain the ball sanitation protocol. This would ideally be the Manager.
- All participants are to be diligent with their hand hygiene and clean regularly throughout games with wipes, sanitiser, soap etc. prior to game and during innings changeover
- At the commencement of the game as well as at the end of each innings (also when returned from out of bounds), the ball in play is given to the dedicated person in the dugout who will oversee washing/sanitisation then return the ball to the umpire
- The umpire will give a ball to the catcher who will return to the pitcher.

N.B Ideal products for this include No Rinse Antibacterial hand wash/sanitiser with alcohol content.